

NORDIC CONFERENCE ON EATING DISORDERS | PROGRAMME



WEDNESDAY 21.9 2016 | MYTHS AND MISCONCEPTIONS PERTAINING TO TREATMENT

Time	What	Who/specification	Where
12:00-15:45	Registration		Paasi lobby
16:00-16:30	Opening of Conferance	Rasmus Isomaa, Mette Waadegaard, Jani Toivola	Sirkus
16:30-16:45	Music	Fredrik Furu	Sirkus
16:45-18:00	What does evidence-based treatment mean for reality-based practice?	Pia Charpentier & David Clinton	Sirkus
18:00-18:30	Break		Sirkus lobby
18:30-19:30	Debate: The patient should know his/her weight during treatment	Ulf Wallin & Pia Charpentier	Sirkus
19:30-	Mingle & music		Sirkus



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THURSDAY 22.9 2016 | MYTHS AND MISCONCEPTIONS PERTAINING TO THE PATIENT

Time	What	Who/specification	Where
9:00-10:30	Renegade Recovery: What it's really like to recover from an eating disorder The Science Behind the 9 Truths about EDs	Carrie Arnold Cynthia Bulik	Juhlasali (main venue)
10:30-11:00	Coffee break		Juhlasalin lämpiö (main venue lobby)
11:00-12:30	Scientific paper presentations	Attachment, self-image and emotion regulation Eating disorders, trauma, and pregnancy Outcome of eating disorder Eating disorder and the family Treatment approach	Karl Lindahl Tarja Halonen Room 302 Juho Rissanen Room 303
12:30-13:30	Lunch		
13:30-15:00	Workshops arranged by Nordic Interest Groups (NIG)	NIG SIGMA NIG MFT NEW NIG Physical activity NEW NIG Nutritional rehabilitation NORSED	Karl Lindahl Tarja Halonen Room 302 Juho Rissanen Room 303
15:00-15:30	Coffee break		Juhlasalin lämpiö (main venue lobby)
15:30-17:00	Who do we think they are? - Confronting myths in the treatment of eating disorders	Johanna Levallius & Kjersti Gulliksen	Juhlasali (main venue)
19:00-20:00	Poster presentations and drinks		Juhlasalin lämpiö (main venue lobby)
20:00-	Dinner		Paasi restaurant



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FRIDAY 23.9 2016 | MYTHS AND MISCONCEPTIONS PERTAINING TO COMPULSION AND COERCION

Time	What	Who/specification	Where
9:00-10:30	Eating disorders and exercise-from abuse to health Athletes with eating disorders - to train or not to train?	Jorunn Sundgot-Borgen & Solfrid Bratland Sanda	Juhlasali (main venue)
10:30-11:00	Coffee break		Juhlasalin lämpiö
11:00-12:00	Clinical workshops on different treatment methods or therapeutic approaches	Clinical A1; Outpatient multistep CBT-E, clinical results and organisation of the unit Clinical A2; Body oriented therapy for patients with eating disorder and trauma Clinical A3; The MHE Clinic treatment model: an overview of an interactive model Clinical A4; Patient Controlled Hospital Admission - A Novel Concept in the Treatment of Severe Eating Disorders Clinical A5; Interventions for parents with Eating Disorders Clinical A6; A social constructionist approach to the treatment of BED	Karl Lindahl Tarja Halonen Room 302 Juho Rissanen Room 303 Room 304
12:00-13:00	Lunch		
13:00-14:00	Clinical workshops on different treatment methods or therapeutic approaches	Clinical B1; Intergrating emotional and symptom work in psychotherapy with eating disorder patients Clinical B2; Eira. A clinic for severe and enduring eating disorders patients at Stockholm center for eating disorders Clinical B3; Introduction to the Theory & Practice of Compassion Focused Therapy for Eating Disorders Clinical B4; Mealtime support on eating disorder units. Three different approaches Clinical B5; New residential treatment for severe and enduring eating disorders Clinical B6; Accessing and embodying the Wise Mind as a part of treatment for patients with eating disorders	Karl Lindahl Tarja Halonen Room 302 Juho Rissanen Room 303 Room 304
14:00-14:30	Coffee break		Juhlasalin lämpiö (main venue lobby)
14:15-15:15	General Assembly NEDS	NEDS	Juhlasalin lämpiö (main venue lobby)
15:15-16:30	A history of coercion in psychiatry	Jörgen Herlofson & Expert by experience Suvi Markus	Juhlasalin lämpiö (main venue lobby)
16:30-	Closing of Conferance & a sneak peek at NEDS 2018	Rasmus Isomaa	Juhlasalin lämpiö (main venue lobby)

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SCIENTIFIC PAPER SESSIONS THURSDAY 22.9 11:00-12:30

	Attachment, self-image and emotion regulation	Eating disorders, trauma, and pregnancy	Outcome of eating disorders	Eating disorder and the family	Treatment approaches
1	The anorectic girl and her father: the interpersonal and intrapsychic meaning to the girl.	Posttraumatic stress disorder in eating disorder patients: The roles of psychological distress and timing of trauma	Adolescents with full or subthreshold Anorexia Nervosa in a naturalistic sample - characteristics and treatment outcome	A mixed methods study of mobile home-based family intervention in acute restrictive eating disorders	Binge eating disorder and obesity: Can pharmacological treatment for binge eating disorder help patients lose weight?
2	The enemy within: the association between self-image and eating disorder symptoms in healthy, non help-seeking and clinical young women.	Eating disorders and childhood trauma: experiences of the disorder and therapeutic change in two treatment models.	Morgan-Russell (1975) revisited: a novel method of analysis yielded clinically relevant findings when employed on a cohort from a controlled community-based study.	Family Inpatient Treatment for Adolescents with Anorexia Nervosa: 4-Year Outcome and Retrospective Treatment Satisfaction	The Gothenburg Anorexia Nervosa Study: A Randomised Control Trial
3	Fatal attraction: Is the relationship between patients and their eating disorders an attachment bond?	Disordered eating during pregnancy: Seeing the problems and meeting the challenges.	Theander (1970) revisited: a truly long-term perspective on mortality.	Family involvement in inpatient treatment of anorectic children	Manualised day-patient treatment of eating disorders: programme description and preliminary evaluation.
4	Is self-treatment the mechanism between emotion dysregulation and eating disorder symptoms?	Development and preliminary validation of a Finnish version of the Eating Disorder Examination Questionnaire (EDE-Q)	Impact of Attitudes to Compulsive Exercise on Outcome at Discharge and Follow-Up in adult eating disorder patients	Multi-Family Therapy in anorexia nervosa. Outcome for 118 patients and the patients and parents perceived family climate.	Randomized controlled trial of internet-based self-help CBT for bulimia and similar eating disorders in clinical settings

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NIG WORKSHOPS THURSDAY 22.9 13:30-15:00

NIG SIGMA	NIG MFT	NEW NIG: Physical activity	NEW NIG: Nutritional rehabilitation	NORSED
Mothers with eating disorder	Multifamily therapy in anorexia nervosa: development and changes	Eating disorders, physical activity and sports	Nutritional rehabilitation	New opportunities for cooperation between patients, clinicians and researchers

CLINICAL WORKSHOPS A FRIDAY 23.9 11:00-12:00

Clinical A1	Clinical A2	Clinical A3	Clinical A4	Clinical A5	Clinical A6
Outpatient multistep CBT-E, clinical results and organisation of the unit	Body oriented therapy for patients with eating disorder and trauma	The M.H.E. Clinic treatment model; an overview of an integrative model	Patient Controlled Hospital Admission - A Novel Concept in the Treatment of Severe Eating Disorders	Interventions for parents with Eating Disorders	A social constructionist approach to the treatment of BED

CLINICAL WORKSHOPS B FRIDAY 23.9 13:00-14:00

Clinical B1	Clinical B2	Clinical B3	Clinical B4	Clinical B5	Clinical B6
Integrating emotional and symptom work in psychotherapy with eating disorder patients.	Eira. A clinic for severe and enduring eating disorders patients at Stockholm center for eating disorders	Introduction to the Theory & Practice of Compassion Focused Therapy for Eating Disorders	Mealtime support on eating disorder units. Three different approaches	New residential treatment for severe and enduring eating disorders	Accessing and Embodying the Wise Mind as a part of treatment for patients with eating disorders



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PP: POSTER PRESENTATIONS THURSDAY 22.9 19:00

Online Education for Carers

Focal psychodynamic therapy in anorexia nervosa - A pilot study

Orthorexia - a healthy way of eating?

Feasibility of the smartphone application "Recovery Record" in interdisciplinary eating disorder treatment: Patient and clinician experiences and patterns of application use over time

Parental weight perception, disturbed eating patterns and mental health problems among young adolescents

Cooperation in the treatment of a patient with eating disorder between the adult and youth psychiatry in the university hospital

Virtual Dialogue Set for families - a visual communication aid for therapeutic conversations

Developing aftercare for patients with longstanding anorexia (AN) and excessive physical activity (PA)

BMD in a selected cohort of Severe and enduring anorexia nervosa patients



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