

Sigma Meeting 20160921

Place: Helsinki, NEDSconference, 2016, Helsinki Congress Paasitorni

Participant:

Frida Merete Kahlisto, No

Kristine Rortveit, No

Cecilia Brundin Pettersson, Sv

Eva Kuikka, Sv

Malene Couldhart, Dk

Agenda

§1. Opening of meeting

§2. Presentation of each other and what happens at home in respectively units.

§3. What will sigma do during the next coming year 2017-2018?

§4. How can we “keep it alive”?

§5. Planning the tomorrows work shop.

§6. Further questions?

§7. Next meeting?

§8. Close of meeting

Summary of Sigma Meeting 20160921

§1. Opening of meeting, Cecilia is secretary for the meeting (to send out to the styrgrupp for supplement if necessary).

§2. Presentation of each other and what happens at home in respectively units.

Frida:

Kristine:

Cecilia: Publication of a new webbased psychoeducational programme, BÄST, for more information see www.atstorning.se. New job in Östersund, a town in the north of Sweden, working with “weighty mothers” (Sw: “Viktiga Mammor”).

Eva: Have an ongoing group with mothers/parents and mothers/parents to be with sessions once every other week.

Charloltte: Knowledge about eating disorders and self-harm published in the February 16th an exciting report, "Conflict between eating disorders and motherhood", read more on Vioss.dk

Board of Health held in May a major national conference on BED. Read more on Viooss.dk (It's not about the pregnancy, but I just think it's so good news)

Nordig Marcé, 2015: Frida and Cecilia did a presentation of Sigma and the response was very good. Nordic Marcé wants to have a link to Sigma on their home page (the styrgrupp have to check that up with the boarder of NEDS)

§3. What will sigma do during the next coming year 2017-2018?

- Frida will make a draft on a blog and send to us.
- Face book – Still have the fb for all members of Sigma and one closed group for the styrgrupp until the blog is done.
- Education in Norway, Kristine will investigate the possibility to have a “SIGMA-theme day” in Stavanger.

§4. How can we “keep it alive”?

- Blog “200160926: Frida “I have now created the blog. Now I’ll start changing it/create it. I’ll send you a link again when I finish the first layout. The name is: Sigma Blog
<https://sigmasblog.wordpress.com/>
- FB
- Meetings during NEDS-conferenses, next in Reykavik Iceland 2018
- Meetings on skype? Other suggestions?
- Can we ask NEDS for money to have a person (one of us in the styrgrupp) who is in charge of the blog, newsletter to the members and things like that?

§5. Planning the tomorrows work shop.

- Frida has the slides from Stockholm and everyone would sent their new slides to her to day.
- We will do the same kaind of work shop as we did in Stockholm: First we all will presentet our work and country (what we knew about what’s going on in our countries in terms of clinical work and research within the area of SIGMA) and then we split the audience into groups to discuss some questions on the subject.
- Malene will write the abstract from the work shop for us to supplement if necessary.

§6. Further questions?

- We hope that during the work shop tomorrow we will have both Finland and Iceland to invite to the styrgrupp.

§7. Next meeting?

- Reykavijk, NEDS 2018!
- Skype? “SIGMA-theme day” in Stavanger?

§8. Close of meeting

Thank you all!/ Cecilia